

The Ark - 31 Jan 2021

**Wait
Hope
Hold on**

David Vincent **LONDON PRAYER**

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Lam 3

- ²² *Through* the LORD's mercies we are not consumed, Because His compassions fail not.
- ²³ *They are* new every morning; Great *is* Your faithfulness.
- ²⁴ "The LORD *is* my portion," says my soul,
"Therefore I **hope** in Him!"
- ²⁵ The LORD *is* good to those who **wait** for Him,
To the soul *who* seeks Him.
- ²⁶ *It is* good that *one* should **hope** and **wait quietly**
For the salvation of the LORD.

2

Prayer activity – The reality of waiting

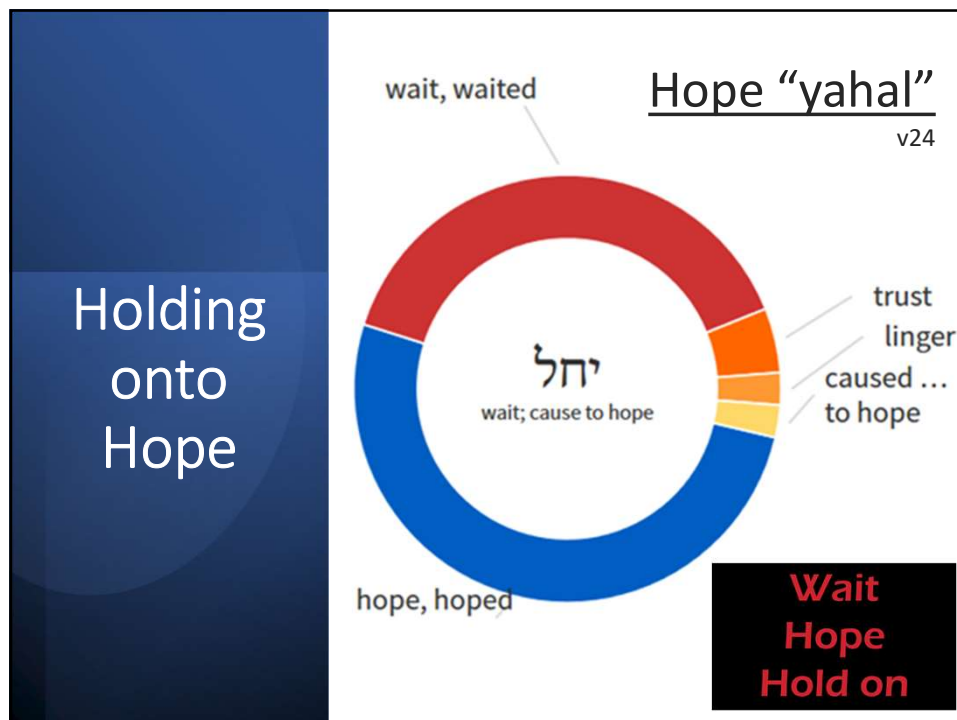
List things from that have not happened that you are waiting for.

- They may be things from last year that COVID disrupted that you are **looking forward** to doing
- Or things that as you recall them you can feel the **disappointment or pain** that they have not happened

Write them as a memorial before God.

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Hab. 2:2-3

² “Write the vision, And make *it* plain on tablets, That he may run who reads it.

³ For the **vision** is yet for an **appointed time**
But at the end it will **speak**, and it will not **lie**.
Though it tarries **wait** for it; Because it will
surely come. It will not **be late**.

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Waiting Pitfalls and good Practice

When waiting avoid...	When waiting...
Grumbling and speaking out of turn	
Giving up and losing hope	
Bearing false witness	Remind yourself of what He's said

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Prayer activity – Bearing witness

List at your earlier list.

- What things are there that you need to bear witness to and remind yourself of as a promise?
- What promises do you have that were not on the original list? Add them. Why do you think these were harder to bring to mind initially?

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Isa 40:31

*Those who wait on the LORD
Shall renew their strength;
They shall mount up with wings like eagles,
They shall run and not be weary,
They shall walk and not faint.*

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Prayer activity – Seeing the goodness

During this time of waiting:

- What has God been working in your life?
- In your family/church?

Give thanks be specific and name these things.

- Speak strength over those weary,
 - Pray for those flagging, who's hope
- Prov 13:12

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Waiting: Pitfalls and good Practice

When waiting avoid...	When waiting...
Grumbling and speaking out of turn	Focus on His goodness
Giving up and losing hope	Strengthen yourself in God
Bearing false witness	Remind yourself of what He's said

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Lam 3

²² *Through* the LORD's mercies we are not consumed, Because His compassions fail not.

²³ *They are* new every morning; Great is Your faithfulness.

"The womb of the Lord does not fail to deliver"

"It is a time of re-evaluation, not a time of re-definition."

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Prayer activity – New Day, same DNA

Reflecting on the promises of God to you individually and as a community...

- What are the specific DNA traits you recognise?
- How are these currently represented?
- How could they be re-packaged for a new season?
- What traits are in danger of being:
 - lost/being
 - overly dominant?

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